



# Ancient Kashmir A Geo-political Profile

(A PORTION FROM MY DISSERTATION ON RELIGIONS OF ANCIENT KASHMIR. A CASE STUDY OF KASHMIR)

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#### Introduction

Jammu and Kashmir is the name given to the northernmost state of Indian Union which generally speaking stretches from the east of the river Indus to the west of river Ravi.

Page | 2 Projecting deep into the heart of Asia, Jammu and Kashmir covers an area of 222,713 Square Kilometers, extending from 32°17′ to 36°58′N and from 73°26′ to 80°30′E. Conveniently called by the shorter term Kashmir and *Kasheer* by the natives, the state includes besides the valley the areas of Jammu, Ladakh, Baltistan, Gilgit, Hunza and Nagar. Area wise the state is the second largest state in the Republic of India. However the Pakistan aggression in 1947-48 A.D resulted in a considerable change to its actual area. At the cease-fire in 1949, 78932 Sq. Km of the state's territory remained under the illegal occupation of Pakistan. Another major change occurred when the People's Republic of China launched a massive attack on India in 1962 and forcibly occupied 37,555 Square Kilometers of the Indian Territory in Ladakh Division of the State. Later Pakistan transferred 5,180 Square Kilometers of State's territory under its illegal occupation to China.

With 11400, 370<sup>1</sup> inhabitants residing in the area on the Indian side, the state has the lowest density of population in India. For, unlike vast plains of the rest of the country, Kashmir is mostly mountainous, rising in several tiers from the plains in the south to the high altitude valleys and peaks in the North, enclosing some of the loftiest inhabited hamlets in the world. Obviously with such diversities of physical features, the state offers interesting variations in its soil, elevation, geological formation, climate, vegetation and the people. This diversity in aspect apart from having influenced and largely shaped the history of the State is in itself an interesting study. By virtue of its central position in Asia, Kashmir commands strategic importance touching on the North West Afghanistan, on the North, the Sinkuing-Uighur Autonomous region of China and on the West Pakistan. It stands on the old Central Asian Trade Route and the Kashmir Valley has since ancient times, been the halting place of the Caravans traveling between the plains of India and high reaches of central Asia. The region experiences tropical heat. The celebrated valley of Kashmir nestled securely among the Himalayas at an average height of 1829metres above the sea is approximately 135 Km in length and 32 to 40 Km in breadth. North east and west range after range of mountains guard the valley from the outer world and in the south it is cut off from the Punjab by rocky barriers, 80 to 120 Km in width. The mountain snows feed the river Jhelum and the streams and it is calculated that the Jhelum in its course through the valley has a catchment area of nearly10, 240 Sq.Km.<sup>2</sup>Politically Ancient Kashmir was generally confined to its geographical limits. But at times it extended its influence beyond the boundary. According to Ptolemy (2nd A.D) Kasperia lay between the land of Darads and the land of the Kulindas on the Hyphasis and extended eastwards (Ptolemy vii, i, 42). When Hiuen Tsang visited the valley in the middle of the 7th century A.D, he found all adjacent territories on the west and south down to the plains under the sway of the king of Kashmir (Durlabhavardhana of Karkota Dynasty). He clearly records that Taksila to the east of the Indus, Urasa or Hazara, Simhapura or Salt Range with the smaller hill states of Rajpuri and Parnotsa were not independent, but subject to Kashmir. In the middle of the 8th century Lalitaditya conquered territories as far as Kanacy in the east and his grandson Jayapida is said to have had trials of strength with the

rulers of Kanauj, Gauda and Nepal.Samkaravarman(A.D 883-902) annexed Darvabhisara and some parts of the Northern Punjab to the kingdom of Kashmir proper.Kalasa(A.D1063-1089) conquered the hilly state of Rajpuri and among the neighboring kingdoms which acknowledged his supermacy were Campa, Vallapura, Lohara, Urasa,Kada and Kasthavata if Rajtarangini of Kalhana Pandit is to be believed.

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#### 2.1 Physical Features:

The characteristic physical features of Kashmir are its strong mountainous ramparts, its lovely lakes and rivers and its pale red Karewas. The valley of Kashmir is surrounded on all sides by a chain of mountain ranges which hasten away in wild confusion to the great Promontory of *Nanga Parbat*(26,182 feet). To the East rises *Harmukh* (16,903 feet) which guards the valley of Sindh. On the South is *Mahadeo* looking down upon Srinagar, the high range of *Gwash Brare* (17,321 feet) and the lofty peak of *Amarnath* (17,321 feet). The *Pir Pantsal* range with peaks of 15,000 feet or more stands on the South-West, over which the ancient trade route with Punjab lay. Further North is *Tosmaidan*(14,000 feet) and in the North-West rises the majestic *Kajinag*(12,125 feet).

The surrounding mountain ranges have largely determined the political destiny of the valley, making it impregnable and inaccessible. While powerful neighboring kingdoms succumbed to the onslaught of the invaders, Kashmir's natural defenses saved her from impending foreign domination. Perhaps, it was not the velour of the Kashmirian army but the defense furnished by the mountain ramparts which many a time turned the tide of invasion from the valley (Al Biruni has also attested to this fact in his Kitab-al-Hind). Guarded from the outer world by chains of mountains, she was able to preserve her ancient culture for a considerable time and develop her social and economic system in her own way.

The valley is dotted with numerous lakes that shine like gems under a sunlit sky, rivers with merry ripple to bear the bulk of Kashmir's trade. The latter also serve as very useful commercial waterways from a remote past. In fact in ancient times, there were few roads fit for wheeled traffic and communication with outer territories was restricted to difficult bridle-paths and tracks passable only to load carrying collies. The rivers played an important role in the country's internal as well as external trade as most of it was carried by river ways. The position of the most of towns on river banks, shows the historical importance of riverine trade and traffic.<sup>6</sup>

The Udars or Karewas are names given to alluvial plateaus of Kashmir which according to most geologists were formed by lacustrine deposits. They range in height from 100 to 300 feet above the level of the ravines and valleys that intersect them and that are cut into twins by the swift flowing mountain streams rushing to the river Vitasta(Jhelum). The area covered by each Udar varies from 5 to 50 Square Miles. In ancient times when the population of the valley was probably much larger than the present<sup>7</sup>, the whole land was extensively cultivated to meet the food demand of such a large population. Consequently a

very detailed arrangement had to be made for the proper irrigation of these Udars. Many of the irrigation channels which we find in the present day Kashmir are of ancient date. The chronicles also refer to some of the water courses which were conducted over the Udars from the higher ground behind. A large number of Udars being isolated, water cannot be brought over them. Their productivity depends solely upon rainfall.

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The Kingdom of Ancient Kashmir however was a territory much smaller than the modern state of Jammu and Kashmir. It denoted an irregularly oval valley, 84 miles long from the North-East to the South-West and 20 to 25 miles broad; between 33° to 34°35′N and 74°8′ to 75°25′E. It was surrounded by snow-capped mountains varying at different points from 12,000 to 18,000 feet in height. According to Dr.S.C.Ray, the name of Kashmir does not occur in the Vedic literature. In Rig Vedic hymns mention is made of a river called Marudvrdha (Rig-Veda x, 755). Some scholars identify it with the small Kashmirian stream Maruwardwan which flows from north to south and joins the Chenab on its northern bank at Kishtwar and on the basis of this information conclude that the Aryans held a part at least of the secluded Vale of Kashmir.

In Sanskrit literature, the earliest reference to Kashmir is found in Panini's Grammar and in Patanjali's great commentary on it. There the term *Kasmira* and its derivation Kasmira are stated as the name of the country and its inhabitants respectively. Mahabharata refers in several passages to the Kasmiras and their king but merely indicates that the valley was situated in hilly regions to the North of India. Simillarly some of the Puranas refer to the Kasmiras in the list of northern nations 11. Varamahira (A.D 500) in his Brahatsmhita includes Kasmiras in the north eastern division. Sri Harsa in his Ratnavali (7<sup>th</sup> A.D) refers to the saffron of the Kasmira country which according to him was the best of all types of saffrons. He says;

"Kasmiradesaje ksetra kumkumm yadbhaveddhi tat|Susmakesaram araktam padmagandhi taduttamaam|13

(In the land of Kashmir where beautiful Saffron grows, it is the best type, red colored with the fragrance of lotus)

The earliest note on Kashmir by foreigners occurs in the writings of Hecataeus who refer to *Kaspapyros*, the city the Gandarians. Herodotus mentions the city of *Kaspatyros* as the place at which embarked the expedition under Scylax of Koryanda sent by Darius to explore the courses of the Indus. Ptolemy (150 A.D) in his geographical account of India, refers to a region called *Kasperia* lying below the sources of the Bidaspes (Vitasta) and of the Sandabal (Candrabhega) and of the Adris (Iravati)(Geography vii,I,42). The first Chinese traveler to the valley of Kashmir was probably *Che-mong* who visited Kashmir shortly after 404 A.D. Fa-Yong, another Chinese traveler visited Kashmir for more than a year to study the Buddhist texts. <sup>14</sup> A Chinese record dated A.D 541, describes the northern part of India as a

country enveloped on all sides like a precious jewel by the snowy mountains with a valley in the south which leads up to it and serves as the gate of the kingdom. <sup>15</sup>Certainly this is a distinct reference to the valley of Kashmir. Hieun Tsang who visited Kashmir in the year 631 A.D and stayed there for two years. His account of the land is full and accurate. His description of the kingdom of *kia-shi-mi-lo* shows that it included within its limits the great basin of the Vitasta and the side valleys drained by its tributaries above the Baramula defile. He observes that the valley is surrounded on all sides by mountains which have saved it from the onslaughts of the neighboring states. The land is said to have been fruitful and fertile and the climate cold with plenty of snowfall. <sup>16</sup>

The information that may be scrapped together from the Muslim writers on the historical geography of Kashmir is indeed scanty. According to the Al-Masudi it was a land with many towns and villages enclosed on all sides by mountains, through which led a single passage closed by a gate. This is practically everything that writers like Al- Qazwani, Al Idrisi and other Arab geographers tell us about Kashmir. <sup>17</sup>The only Arabic work which furnishes us with a very detailed and accurate account of the valley of Kashmir is Albiruni's Kitab-ul-Hind. Albiruni seems to have gathered most of his information about Kashmir during his long stay at Ghazna and in the Punjab between A.D 1017 and 1030. He was particularly interested about Kashmir because it was the seat of all Hindu Sciences at the time and he distinctly states that among his informants there were many Kashmirian scholars. <sup>18</sup> Al-Biruni correctly places Kashmir in that mountainous region which lies between the Central Asian watershed and the plains of Punjab .At that time the best known entrance to Kashmir from the west led through the central portion of Hazara to Manshera and then across the Kunhar(Kusnari) and Kisanganga (Mehwi) rivers to Muzaffarabad and then by the right of the Jhelum Valley to Baramulla. As one left the village of Uskur on the way, one reached the Adhisthana i.e; the capital Srinagar. It stood on both the banks of the Jhelum joined by bridges and ferry boats. The area of the capital was about four farsakh.<sup>19</sup>

The courses of the river Jailam(Jhelum) have also been traced with much accuracy by the Arab Scholar. From the foot of the mountains, it was two days journey along the river to reach the capital. About four *farsakh* further from Adhisthana, the river reached a large swamp. Al-Biruni mentions the fortress of Lohara, the Loharakotta of the Rajtarangini. <sup>20</sup>The Muslim scholar closes his chapter on the geography with an account of the Rajawari which is undoubtedly the town of Rajapuri, the capital of the hill state of Rajapuri mentioned in the chronicle. It was the farthest limit to which the Muslim traders of Al-Biruni's time could reach, and beyond which they never crossed. <sup>21</sup>

The last foreign writer of the period under study, who has left an account of Kashmir, is Marco Polo (1250 A.D). He mentions some of the habits and customs of the Kashmirians, their food and drink and of their physical features. Marco Polo states about the prosperous towns and villages, forests, deserts tracts and strong passes so that the people have no fear of anybody and keep their independence with a king of their own to rule and do justice. The Venetian traveler's evidence about the natural defenses of the valley receives corroboration

from Al-Biruni and Ou-Kong as mentioned earlier. Marco Polo refers to a number of idolaters, abbeys and monestries<sup>22</sup> which will be discussed in details in the forthcoming chapters.

Page | 6 The Indigenous literature of Kashmir throws a flood of light on the early geography and topography of the land. The earliest Sanskrit literature of the Valley, so far known is the Nilmat Puran. Let me quote the words of Buhler, "it is a real mine of information regarding the sacred places of Kashmir and their legends. <sup>23</sup>Besides the reference to the legendry origin of the country and the rites and worships prescribed by Nila and observed by the people, the work dilates upon such various topics as the principal Nagas or Sacred springs of Kashmir, the origin of the Vular Lake, the places consecrated to Siva and Vishnu, the sacred river confluences and lakes, the chief tirthas of the land and in the end upon the sanctity of the river Vitasta". <sup>24</sup>

Ksemendra, the polyhistor, in his Samayamatrika furnishes us with some useful information about the topographical details of his country. To him we owe the first reference to the Pir Pantsal route (Pancaladhara). After Ksemendra, came Somadeva, the author of the Kathasaritasagara. He describes Kashmir as a region in the south of the Himalyas washed by the waters of the Vitasta. He mentions some of the holy sites of the valley such as the Vijayaksetra, Namdiksetra, Varahaksetra, Mandapaksetra and Uttaramammanasa and the town of Hiranyapura.

Bilhana who lived during the reigns of Kalasa and Harsa(1063-89A.D) has also left an account of his native valley. In the last chapter of his poem, the *Vikramankadevacarita*, he gives us a vivid picture of the Kashmirian Capital and the Village of Khanmusa, where he was born. His account, apart from its poetical beauties, is full of local details. <sup>27</sup>For the history as well as for the early geography of the valley; Kalhana's chronicle is a very important document. In the first book of his work, he gives us an account of the legends relating to the creation of Kashmir and its sacred river, the Vitasta and refers besides to the most famous of the many *tirthas* in which Kashmir was abundant, the abode of sages. <sup>28</sup>

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Born in the womb of Sati Sar, a vast lake which through an incessant process of geographical transformation witnessed drain of its waters by the deepening of the Baramulla gorge, Kashmir developed its own socio-economic system in an environment that was adequately suited for the mobilization of the earliest hunting and gathering herds with primitive beliefs and rituals. This system was very simple conveniently comparable to those of earliest hunting gathering tribes obtaining at various places in the world and it continued to influence Kashmir's early organizational patterns till the advent of agriculture and domestication of animals which eventually made the valley a conglomeration of village communities with a familial orientation. Essentially self-sufficient, these village communities had to shape their own organizational and institutional settings with capacities required to sustain these against the vagaries of time, and to flourish as a necessary framework for the emergence of Kashmir as a crossroad of civilizations. These institutions shaped the destiny of the Kashmir and eventually enabled them to carve out for themselves a social structure based upon ethnic ties, besides politics, economics and religion. The village household version of early Kashmir was inherently uncurled and unsophisticated. 3Its undifferentiated social order persuaded villagers to pursue multiple activities as subsidiary to agriculture and fashioned their beliefs, rituals, fears and superstitions that laid the basis for the formation of early religion of Kashmir. Since agriculture was pervasively dominant in the communities other activities indulging religion were subordinate to it. The goods for local use were produced in the households<sup>4</sup> and shared commonly through barter system carried in festivals and fairs annually held in the villages which besides providing entertainment to the participating villagers fulfilled their religious urges and susceptibilities <sup>5</sup>In such pursuits, the state interference was not in the least.

It was with the effective distribution of water resources to facilitate the regular irrigation of fertile lands that the role of the state became more pronounced but least complex. The State's responsibilities enlarged manifold in course of time in response to a notable increase in population and concomitant increase in the size of communities. The State played a significant role in bringing about integration of communities by arbitrating their mutual disputes arising out of sharing of common sources of water which had come under cloud due to gradual population explosion. Besides regulating the irrigation system and harmonizing the village communities with each other to form a common front Vis-a –Vis outside world, the state symbolized the realm of culture and religion built upon shared commitment to community service and the worship of forces of nature. Priests who presided over the worship, governed the state affairs. These priests who were also chiefs provided cultural, political and religious bases of the society and the most assiduous among them was assigned the authority of controlling these affairs.

Genesis of this state with its territorial, social, political and administrative dimensions is traced in the 6<sup>th</sup> century A.D literary source, the *Nilmatpuran* which refers to the process of reclamation of Kashmir from the waters of Gigantic Lake (Sati) to accommodate the first settlement of the Nagas under their patriarchal chief, Nila. Intrinsically of mythological

value, highlighting the teachings of Nila and his achievements, a hero of the oppressed Nagas, this source narrates his resounding triumph over his rival, *Jalodhbhave* and his accession to the throne of newly formed state. Nila, the first potentate and chief, established a splendid court with all the rituals and customs that were necessary for its sustenance and enunciated expedients of State-policy that echoed the milieu of the times. Unfolding the level of his intellectual attainments and his organizing capabilities, this State policy assiduously cultivated the support of his constituents and resulted in coalescing various social elements under the unified command of Nila, the first Monarch of Kashmir. 10

During the centuries succeeding the reign of King Nila the State came to acquire a reputation for its maturity, confidence and Magnanimity, reflecting itself in various departments that developed as its vital limbs to meet the requirements of the times in best possible manner. For their smooth functioning and bearing full responsibilities of the state to ensure the welfare of the people together with their social configuration and consolidation, these departments worked under certain procedures and principles and coordination as depicted in the ancient literary works of Kashmir. 11 From the writings of these early writers, it is conveniently gathered that the state was a beneficent institution that came into existence mainly for the protection of human life and for the better realization of its higher ideals, through a network of its limbs, which are territory, population, king, ministers, army and treasury. The prosperity of this state entirely depended upon the cooperation and coordination of its components. 12 Thus the state in Kashmir came into being as a result of interaction of socio-economic forces and its expansion was necessitated by the ever increasing population and resultant growth of village communities and urbanization that eventually added to its responsibilities, making the institution a complex grandiose version of a federation of cities towns and villages under the control of a ruler. 13

The kingship as it developed in Kashmir attained a royal aura and dignity firmly placed within the domain of kingdom which drew its strength from palace administrators, servants and soldiers, besides religious leaders. These functionaries assisted the king in ensuring the prosperity of his subjects and in upholding peace against chaos throughout his kingdom. The magnificence, lustre, pomp and splendour of kingship are clearly manifested in historical literature produced by Kalhana, the illustrious poet historian of Kashmir. Unlike others he did not subscribe to the mythical view of its origin. Instead he believed in subtle interplay of cosmic and socio-economic forces that paved the way for the fulfilment of an individual's personality and obligation of *raja* to achieve the welfare of his subjects. <sup>14</sup>

Analysing various aspects and reasons that contributed to subsequent events of rattlers abuse of this institution, Kalhana suggested some remedial measures to guard it against the growing tendency of acquiring overbearing attitude. In his own words the purpose of his writing was to furnish a medicine to those kings who became either overbearing in the glories of their administrations or grieved at the adversity of the time. <sup>15</sup>Another notable writer, Ksemendra went a step further. He like Kautilya prescribed proper and formal education in philosophy and through training in the administration for kings to make the institution more

responsive to the needs of their subjects. The cultivation of spotless, intellect through the study of philosophy and other allied subjects was thus an important feature of this institution in addition to truthfulness, velour and liberality. <sup>16</sup>

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It will be too naive to presume that the vast upheavals attendant upon the gradual and systematic spurt in urbanization negatively affected the village communities, or stalled their growth or pushed these across wilderness to face extinction or temporary disappearance from the scene. These communities as a matter of fact, continued growing in numbers as the key components of the new change providing it with the winning streaks of strength and vitality which eventually placed it on sound basis to flourish more vibrantly as the very soul of ancient Kashmir with far reaching ramifications. Numerous references contained in the historical literature point to the uninterrupted growth of villages called Tapas whose number rose to about 400,000. <sup>17</sup> Most of the kings of the antiquity are credited with the founding of new villages with arrangements to guard these against the onslaughts of sedentary life style. They imposed relatively reasonable restrictions on the migration of villagers to towns and cities and prohibited them to abandon village household occupations. King Lalitaditya even discouraged them to accumulate wealth. 18 Contemplating that the surplus wealth, ornaments, sophisticated clothes, woolen blankets, horses and houses as were fit for the cities and towns would induce them to ignore agriculture, the king initiated novel measures to solicit total absorption of villagers in tilling, cultivation and rearing cattle. <sup>19</sup>Their worldly possessions were not to exceed a few oxen, mud huts, wooden pestles and mortar for husking paddy and a few earthen pots. <sup>20</sup>Under these circumstances the rural urban divide intensified. The increasing ruralisation became unavoidable to sustain sedentarization and to fulfil the needs of consumers who had segregated from principal producers. The pressure of this social whirl and divide also necessitated some degree of decentralization of authority to administer and maintain communications across territories. Governors, administrators and other functionaries were assigned this job, they became a vehicle of the kingship, who were the most influential people between the king and his subjects. <sup>21</sup>They strengthened the hands of the king who in turn assigned villages to them as agraharas or benefices. 22 This was an important development much before Emperor Asoka extended his suzerainty over Kashmir, and the foremost ruler who patronized the practice of granting villages to influential people was king Lava.<sup>23</sup> The practice became wide spread with the passage of time adding a new dimension to property relations and social interaction that manifested itself in private property title in land.

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